

Complete this form and send with payment to arrive by
May 1, 2020 for early registration discount.

Make check payable to A.R.E. Volunteer Affiliates or register online at
www.aremidadatlanticregion.org
(Full refund for cancellation prior to above date)

Please mail registration form with payment to:
ARE Volunteer Affiliates
925 Hoffmaster Rd
Knoxville MD 21758

Name _____

Address _____

City _____ State _____ Zip _____

Phone (H) _____ (W) _____
(In case there are questions about your registration)

E-mail address: _____

Program only \$150 \$ _____

Program & meals \$180 \$ _____

Program, meals & lodging

2 people per room (double occupancy) \$260 \$ _____

For this rate, you must provide your own roommate.

Who are you rooming with? _____

1 person per room (single occupancy) \$295 \$ _____

I qualify for the ARE discount. (\$-10.00) \$ _____

Early registration deduction by May 1 deadline (-\$15.00) \$ _____

TOTAL \$ _____

Vegetarian meal Vegan meal Meat meal

I need gluten free options at the meals

I need dairy free options at the meals

ARE Mid-Atlantic Annual Retreat June 5 – 7, 2020

Location ~ This year's retreat will again be held on the rolling, 323 acre, tree-lined campus of Shepherd University in historic Shepherdstown, situated in northeastern West Virginia on the banks of the Potomac River. For those with web access, www.shepherd.edu is the place to start for all sorts of facts, maps, directions, and other information about the university and surrounding areas.

Check-in ~ Friday: 4-6:30 p.m. at Shepherd University Student Center.

Lodging ~ Potomac Place is a comfortable residence hall on campus. Two elevators allow access to the rooms in this 5-story building. All rooms are equipped with Tempurpedic mattresses, a microwave and refrigerator. This residence accommodates guests in a mixture of double and single rooms within suites; and no more than two people share a bathroom. On each floor, guests have access to two lounges as well as a larger common gathering space. Vending machines are located in the spacious lobby that also has a full kitchen. **Sheets and towels are provided. Please bring your own pillows and blankets.**

Meals ~ A sandwich buffet will be available to **all** during Friday check-in. Three meals served on Saturday (breakfast, lunch and dinner) and breakfast only on Sunday. Please indicate on the registration form which type of meals you want; vegetarian, vegan or meat.

Cost (per person) ~ A.R.E. members deduct \$10 per member
Early registration deduct \$15 more

- Program, meals, and lodging:
2/room \$260 ~ 1/room \$295
- Program and meals (no lodging) \$180
- Program only (includes Fri. buffet, snacks and breaks) \$150

After the registration form and payment are received, a confirmation email with additional details and helpful tips regarding the weekend retreat will be sent by email. Be sure your email will receive a message from aremidadatlanticretreat@gmail.com so you will get this important information.

For more information, contact:

Craig: rfamilyfarm@hotmail.com 301-524-2094

Sandi: sandir@hotmail.com 301-834-7420

aremidadatlanticretreat@gmail.com 301-524-2269

Register online:

<https://aremidadatlanticretreat.regfox.com/2020-aremidadatlantic-retreat>

Empower Yourself by Enhancing Your Intuition and Psychic Abilities

Everything you need to know is within you. All you have to do is to trust your inner guidance and act upon what you receive. As a psychic medium with a 2-year wait list, Karen will show you how to access important information in every area of your life – whether it be your career, relationships, monetary issues, or even receiving signs and messages from the celestial realm.

During this retreat, you will learn how to

- ***Know if the information you are getting is real***
- ***Act upon the information you are receiving***
- ***Clear the energy in your aura and around you to increase your insights***
- ***Remove emotional blockages that are preventing you from receiving the messages you desire (using the emotional freedom technique)***
- ***Meditate and quiet your mind to increase clarity***
- ***Raise your vibration to receive intuitive hits***
- ***Receive guidance and signs from the celestial realm***
- ***So much more!***

Karen will be doing fun exercises to test your intuitive abilities, to see how you are best able to retrieve the information that you so desire. You will pair off with others to: receive intuitive messages in pictures, feel the energy of an individual's personal objects, sense and see auras, and use a pendulum to receive the answers that you are looking for.



Karen Noe

Karen Noe is a renowned psychic medium, spiritual counselor, and healer with a two-year waiting list. Since bestselling author, Dr. Wayne Dyer left the physical plane in 2015, Karen has been receiving profound messages from him for his family and for the world as well. Wayne also comes through with a group of other celestial beings, call the We Guides, that includes Saint Francis of Assisi and numerous angels and ascended masters.

Karen is the Hay House author of *We Consciousness: 33 Profound Truths for Inner and Other Peace, Your Life After Their Death: A Medium's Guide to Healing After a Loss, Through the Eyes of Another: A Medium's Guide to Creating Heaven on Earth by Encountering Your Life Review Now, and The Rainbow Follows the Storm; How to Obtain Inner Peace by Connecting with Angels and Deceased Loved Ones.*

She is also the founder of the Angel Quest Center in Waldwick, New Jersey, where she teaches classes, gives readings, and practices alternative healing. You can listen to Karen on the Angel Quest Radio Show by tuning to www.hudsonriverradio.com the first Saturday of every month at 10:30 AM Eastern time.

To find out more about Karen, please visit her website at www.karennoe.com

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with

Karen Noe

Friday, June 5

Check-in	4:00 – 6:30 pm
Dinner for All Attendees	5:00 – 6:30 pm
Session 1: Karen Noe	6:45 – 9:00 pm
Snacks & Social	9:00 – 10:30 pm

Saturday, June 6

Breakfast	8:00 – 9:00 am
Session 2: Karen Noe	9:30 – 12:45 pm
Lunch	1:00 – 2:00 pm
Break	2:00 – 2:45 pm

Session 3: Karen Noe	2:45 – 5:30 pm
Dinner	6:00 – 7:00 pm
Evening Activities	7:00 – 9:30 pm

Sunday, June 7

Breakfast	8:00 – 9:00 am
Meditative Music	9:00 – 9:45 am
Session 4: Karen Noe	9:45 – noon

For more information:

www.aremidaatlanticregion.org

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Karen Noe

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A.R.E. Mid-Atlantic Retreat
Shepherd University – Shepherdstown, WV
June 5 – 7, 2020